

EAST BAY STRIDERS NEWSLETTER
FALL 1987

RACE HIGHLIGHTS:

RUN FOR THE PARKS 10K - AUG 12

THOM TRIMBLE 18th 31:53
CHRIS JAGGERS 33:16
DAVID TAYLOR #4 M 33:46
BILL BRUSHER 34:23
CHRIS LEE 34:42
KARL AMUNDSON 34:47
ED BAKER 35:42
ROLAND LOCHOFF 35:54

PRIMOS HALF MAR. OCT 11

2. DWIGHT HENDRIX 1:14:00
11. GREG WHEATFILL 1:21:16 PR

TGIF 10K - PALO ALTO - AUG 14

STEVE SLAWSON #3 overall 33:07
KARL AMUNDSON #1 20-29 35:13
CARL ROSE #2 20-29 35:21

BIG "C" CLASSIC 10K
CONCORD - SEP 7

1. CHRIS JAGGERS 33:24
7. DAVE TAYLOR #1 M 35:27
15. TOM ROSE #4 M 37:00
20. GREG WHEATFILL 38:12
25. MIKE FRANKFURT 39:04

PA/TAC 15K - RENO - OCT 11

THOM TRIMBLE 51:26
GENE DANGEL #5 M 52:59
DAVE TAYLOR #8 M 53:40
JOHN MONTEVERDI 57:21
MARY MATTESON 71:30

G.G. XC SERIES - 4 MILES

JOE SHEADER 9/26 22:30
(16th, 13th) 10/17 22:25

GARY BROAD WON THE LAKEPORT 10K (CLEAR LAKE) IN 35:03.
DAN WILLIAMS WON THE FIRETRAILS 50M AT LAKE CHABOT

UPCOMING EBS RACES:

SUNDAY - NOV 8, 3 PM PA/TAC XC CHAMPS. - ROCKLIN, 5 MAN TEAMS
SUNDAY - NOV 15, 11 AM PA/TAC 30K - CLARKSBURG, 3 MAN TEAMS
SUNDAY - DEC 20, 9 AM CHRISTMAS RELAYS - LAKE MERCED, 4 MAN TEAMS
---> call Thom @ 284-9201, or John @ 653-4320 for info on teams.

NOTE: EBS WILL PAY \$3 OF YOUR PRE-REG FEE FOR THE XC CHAMPS IF:
1) YOU HAVE A 1987 TAC CARD, OR GET ONE BEFORE RACE
2) YOU MAIL IN YOUR ENTRY BY NOV 1 (WE WILL REIMBURSE YOU)

EBS WILL PAY AN ADDITIONAL \$1 FOR EACH RACE FINISH LINE YOU
HAVE HELPED AT IN 1987 (UP TO ENTIRE RACE FEE - PA XC ONLY).

NEXT FINISH LINE JOB: JINGLE BELLS RUNS - DEC ? - WALNUT CREEK

PIZZA BUST: FRIDAY NOVEMBER 6, 7 PM, LA VALS ON DURANT, BERKELEY
WE WILL DISCUSS XC CHAMPS, NEW SINGLETs, CLUB \$\$

MORE EBS SINGLETs ARE AVAILABLE TO QUALIFIED MEMBERS (NOW IN AQUA)
WE ONLY HAVE A LIMITED SUPPLY, SEE THOM.

THURSDAY TRACK WORKOUTS: 4:45 AT EDWARDS STADIUM