



EAST BAY STRIDERS NEWS



VOLUME 5, ISSUE NO. 1, MARCH 1987

RACE RESULTS

CHRISTMAS RELAYS:

---Dec 21, 1986---270 Teams

Open Team	6th (Overall)	1:56:38
Masters Team	6th (Div)	2:09:13
Submasters	7th (Div)	2:10:30

CAL 10 --January 10, 1987--

Thom Trimble	52:10	PR
Joe Schieffer	53:10	
Gene Dangel	54:45	
Joe Cavanaugh	55:36	4th M
Roland Lochoff	59:38	
John Monteverdi	59:51	
Mike Frankfurt	63:45	
Mary Matteson	73:20	PR

BRIONES TURKEY TROT 8.1 MI
---Nov 23, 1986---125 Runners

1st - Thom Trimble	48:31
2nd - Dann Brown	49:07
5th - Gene Dangel	50:53
6th - Joe Cavanaugh	51:03 1st M
7th - Chris Spears	51:33
11th - Greg Wheatfill	53:11
9th W - Mary Matteson	68:37

LAS VEGAS MARATHON: --8 FEB 1987--
Mary Matteson 3:37:55 PR

JEDEDIAH SMITH 50 MILER: --15 FEB 87
1st - Joe Schieffer 5:40:38 PR
6th - Dan Williams 5:57:11 PR

PINOLE SKUNK RUN 10K --Nov 1986-- 6th - Carl Rose 35:22

1986 NOTABLES

Joe Schieffer - 1986 NATIONAL BEST IN 50K - 3:07
 Joe Cavanaugh - 5th in PA-TAC MASTERS GRAND PRIX
 Dave Taylor - 9th " " " " " "
 Dan Williams - 6th, Western States 100 Miler
 EBS - 3rd Open Team in PA-TAC Cross Country Championships

TRACK WORKOUTS

Start March 19 at School
for the Deaf Track
at UC Berkeley, 6PM.
Call John 653-4320
for details.

ANNOUNCEMENTS

1. Pizza Bust:

~~Tentative~~ Date - Fri March 13, 6 PM, La Vals, Berkeley. ~~Durant~~

2. DUES:

There are nine members who have not paid their DUES for 1987. THIS IS THE LAST CALL!
Send your \$5 to East Bay Striders, 4425 View Street, Oakland, CA 94611.

3. Treasury:

We have \$562.00 in the treasury as of March 1. All outstanding bills have been paid. We have ordered another 20 singlets and are awaiting Mike Frankfurt's word that they have arrived. Once these new singlets are screened with the Club logo, we will distribute them to active members of the Club who have not yet received a new singlet.

4. So Long, Dann Brown

One of the first members of EBS, Dann Brown, has accepted a coaching position on the East Coast. Dann, currently sharing an apartment with Thom Trimble, will be departing for South Carolina in the first part of March. Dann distinguished himself in his coaching duties at Acalanes High School and in his fine running (in the low 32's/high 31's for 10K) over the last several years. Apart from that, Dann's high spirits and quick wit are hallmarks of his personality which will be missed by many of EBS's "old guard". Good luck and see you soon, Dann!